

#INSTA-SCANDAL: The Blogger Who Claimed Clean-Eating Cured Her Brain Cancer

# LOOK

30th March 2015

The New Mascara That'll Transform Your Lashes

Exclusive

## Michelle

On Mark,  
That Wedding  
& What Really  
Terrifies Her

● PLUS The 8-Minute  
Workout She Swears By



The £69  
Sunnies  
**Rihanna**  
Can't  
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Editor, Ali Hall  
Tweet me @MissAliHall

# LOOK

## Nail The Hottest New Trends, Now!

New season, new excuse to hit the shops. Turn to page 57 for our round-up of the latest looks and buys you'll love. We've also been hanging out with the very lovely and always gorgeous Michelle Keegan (more on page 12). Let us know what you think of the issue – tweet @MissAliHall.

30 March 2015

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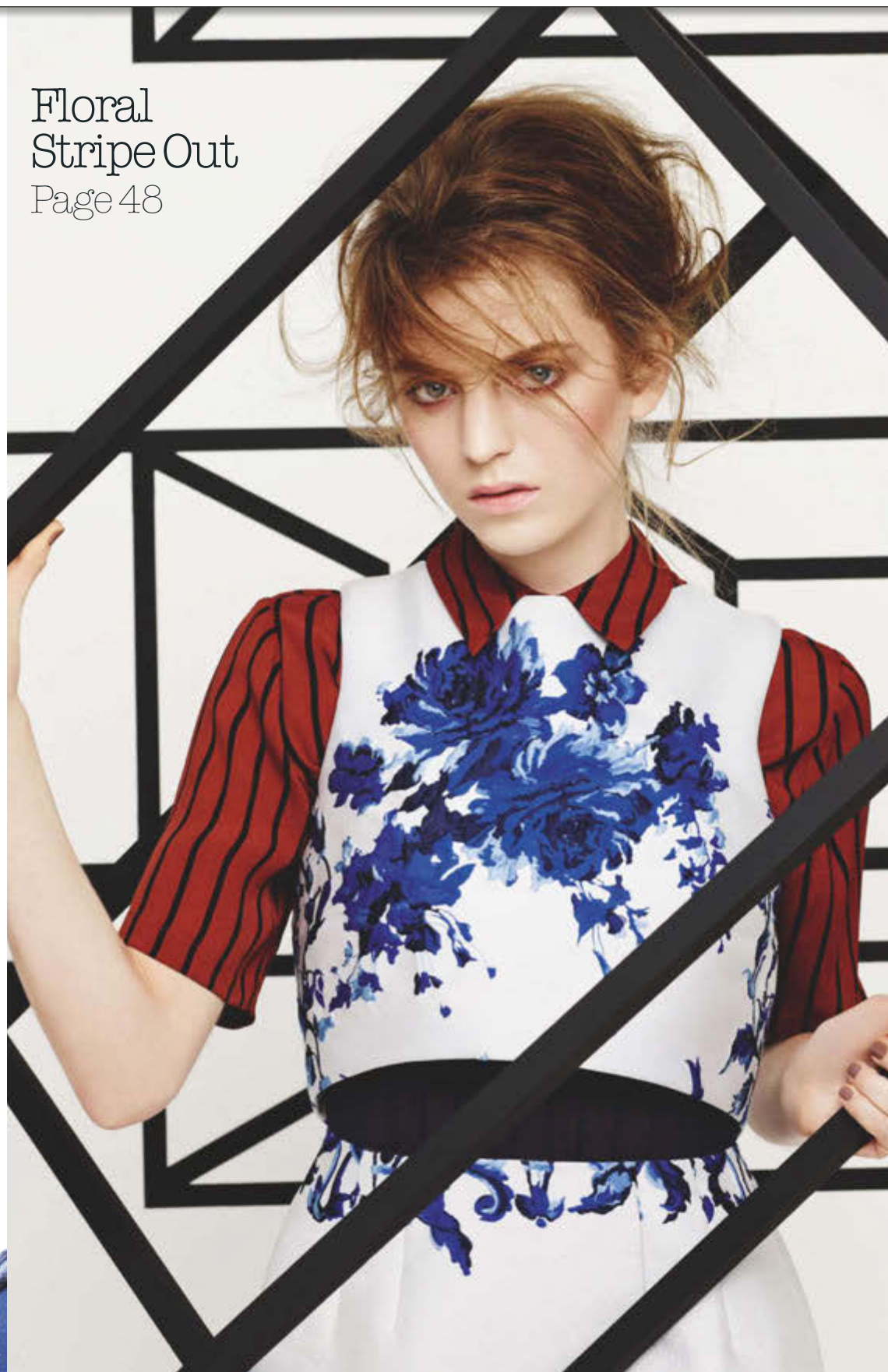
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Marks & Spencer  
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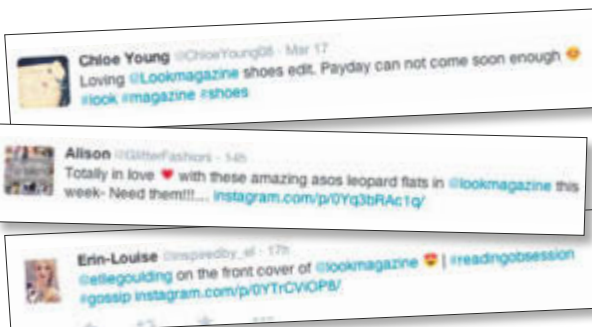
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COVER: MAIN PHOTO: FRED MALLE; MICHELLE KEEGAN IS THE FACE OF GARNIER AMBRE SOLAIRE SELF TAN RANGE; TANI JAMES HARKNETT USING GARNIER AMBRE SOLAIRE HAIR & MAKEUP; LISA LAUDAY USING MAYBELLINE NEW YORK AND L'OREAL PARIS ELNETT HAIRSPRAY; CLOTHES: TOP: TED BAKER; £169; SHORTS: BEISS; £110; RING: MICHELLE'S OWN; ADDITIONAL PHOTOS: SPLASHNEWS.COM; REX FEATURES





# RIVER ISLAND

#IMWEARINGRI   





# I'M LOVING...

Check out my top buys of the week and let me know what's caught your eye on Twitter, @MissAliHall



Dress, £59  
Shoes, £165  
both **Marks & Spencer**



## Marks & Spencer's Best Of British

I've been a mega fan of Marks & Sparks' premium Best Of British collection since it launched back in 2013, and the sixth drop – landing this week – is my favourite so far. Spring wardrobe perfection, it's full of Easter egg hues like primrose yellow and cornflower blue, mixed with classic florals and punchy graphic prints from the M&S archives. Every piece is made in the UK, with fabric sourced from British suppliers. I predict the blue and black midi dress (right) will be this season's hero buy.



Dress  
**£149**

Skirt  
**£89**

Top  
**£29.50**

Top, £69  
Skirt, £99  
both **Marks & Spencer**





Kate Foley



Amber Le Bon



Chelsea Leyland



Coach  
£345 each

## Coach's Metallic Mini Swagger Bag

When not one, but *three* ladies with their fingers firmly on the fashion pulse carry the same bag in one week, you know it's got 'It' status. In three shimmering shades, Coach's 'Mini Swagger' is the ultimate spring arm-candy update. And if metallic isn't your bag (sorry), it's also available in a rainbow of matte colours, too.



Stila Shape & Shade Custom Contour Duo  
£31

## Stila's Clever Contour Kit

Stila's Shape & Shade Custom Contour Duo, £31, makes contouring easy-peasy. The cream-to-powder formula comes in three shades and is simple to blend for natural definition (no streaky lines in sight). There's even a guide for contouring first-timers – it's the only thing I need to cheat chiselled cheekbones.



Lamb 1887  
£130

## Cinderella Mania

Disney's hotly anticipated *Cinderella* finally hits cinemas this week (27 March) and fashion land is celebrating in style. Swarovski has a pretty drop of Cinders-inspired pieces – this ring has a matching necklace and earrings, too – while bag label Lamb 1887 has created the 'Princess Clutch'. In *Cinderella*'s signature blue, the lining has a quote from the original story. Way more wearable than a glass slipper, that's for sure.



Swarovski  
£74



Shoes  
£15

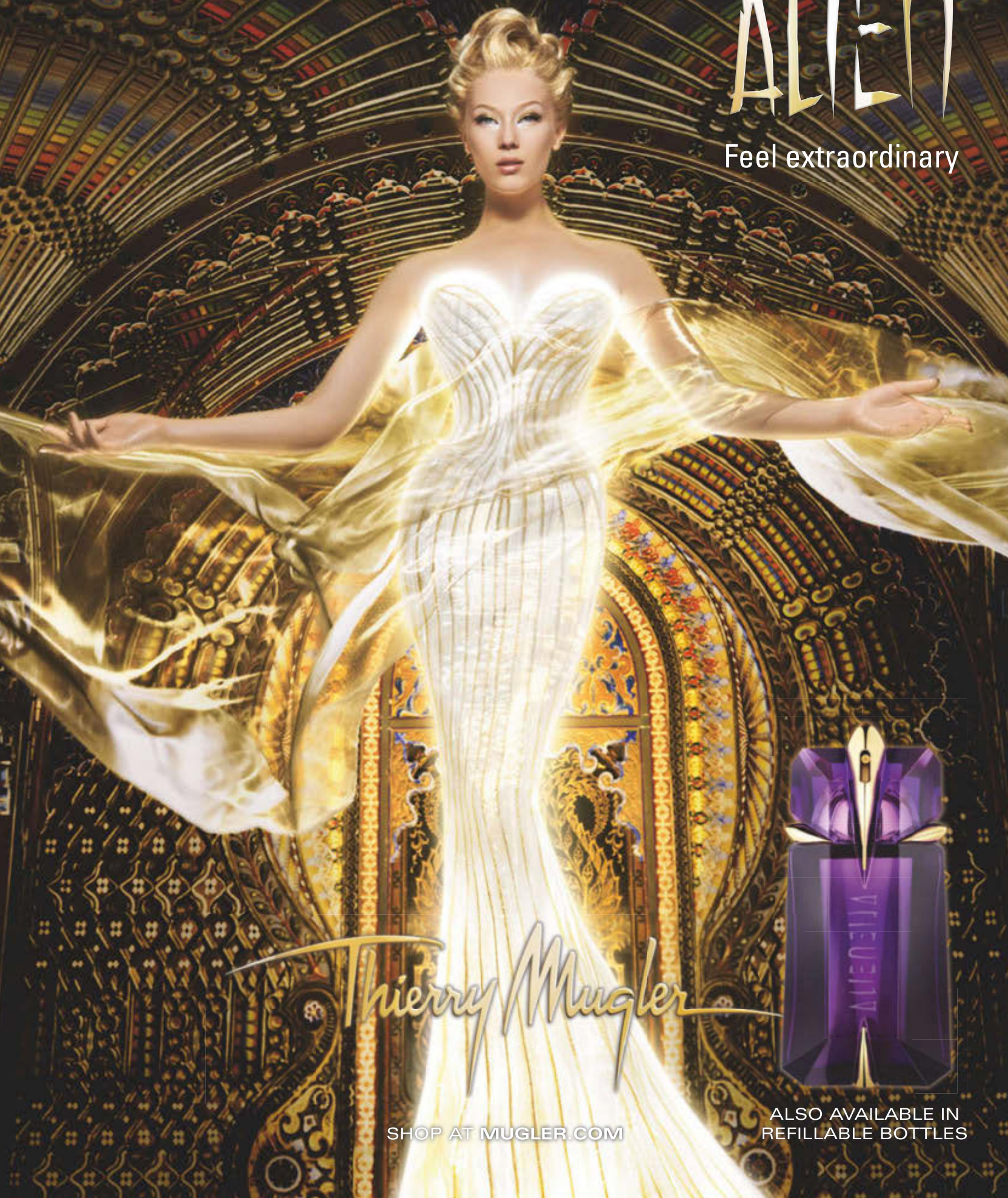
## Matalan's Printed Courts

With their bold digital print and flattering low-cut front, these heels look like they could have walked off the catwalk, never mind giving you change from £20! Wear them with denim for a smart weekend spin.



# ALIEN

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Thierry Mugler

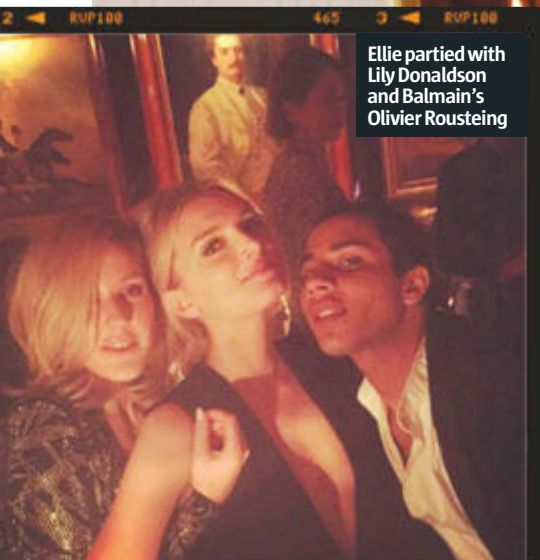


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Ellie partied with Lily Donaldson and Balmain's Olivier Rousteing



Most fashion dancefloor ever? Sigal Currie, Lily and Jourdan Dunn work it

Nothing makes you feel ready for a night out like a new hair do, as Ellie Goulding proved when she hit the Balmain party with a new bob style. Joining the ranks of countless other A-listers who've recently opted for a lob (that's a long bob, FYI) including Kim Kardashian and Cheryl Fernandez-Versini, Ellie's gorgeous new look made us want to book a hair cut, pronto! Looking super sexy in a gold and black Balmain dress, Ellie celebrated the label's first London store with Balmain designer Olivier Rousteing and models Jourdan Dunn and Lily Donaldson. So glam!

# Ellie Debuts Her 'Lob'

Ms Goulding chose the Balmain London store opening party to showcase her totally on-trend long bob – we've got hair envy!



Jourdan Dunn is wearing  
Ravishing Rose.

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# MAYBE

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## *Last Weekend:*

Über party plans and  
general madness

## *This Weekend:*

No plans and time  
to catch up with  
your fave mag



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issues of **LOOK** now!

Here's to a relaxed  
weekend vibe...







Top, £38, **Lavish Alice**  
Shorts, £29.99, **H&M**  
Earrings, £15, **Accessorize**  
Ring, Michelle's own



# Michelle

## 'I Always Take Fashion Advice From Mark'

Michelle Keegan is having the best year: Wedding? Check. Front-row fashionista? Check! And now she's a Garnier ambassador. After spending a day with one of our favourite celebs, we really do want to be her best mate...

**W**e already know Michelle Keegan is gorgeous, and yet, when she arrives at our photo shoot –

well ahead of time, FYI – in slouchy trousers and no make-up, we're blown away by her white teeth and perfectly arched eyebrows. If it was anyone else, we might feel slightly inferior, but in this case it's impossible – because this is Michelle Keegan, aka the world's most down-to-earth celebrity and official best-mate material.

It's only been 12 months since the actress left her role as *Coronation Street*'s Tina McIntyre, but Michelle hasn't slowed down – becoming the face of Garnier's Ambre Solaire self tan range, finding and moving into her 'dream home' in Essex and recently scoring her first role since *Corrie* in BBC1 drama *Ordinary Lies*, which has garnered rave reviews.

Meanwhile her fiancé Mark Wright, 28 – who proposed to her in Dubai back in September 2013, and who she mentions with a grin every few minutes throughout our chat – has also been busy, presenting ITV2's *Take Me Out: The Gossip* before foxtrotting his way onto *Strictly Come Dancing*, narrowly missing out on the prized glitterball trophy and coming fourth.

In fact, the pair's schedules are so jam-packed that they've been

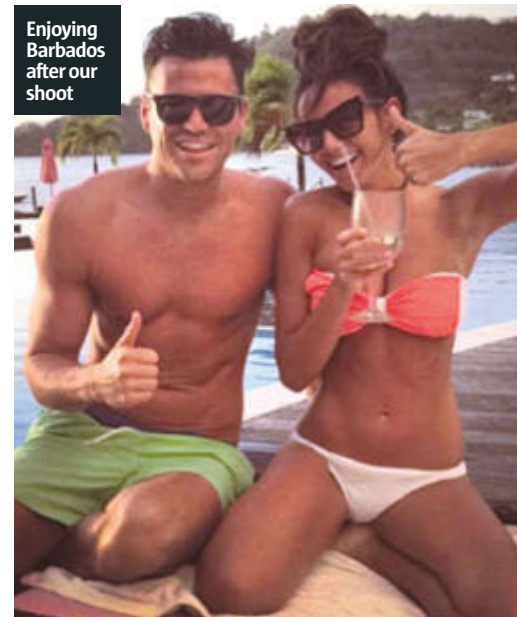
forced to delay their wedding plans several times, but now, finally, after an 18-month wait, the date has been set and they're marrying in front of 200 guests at Hengrave Hall, Suffolk, in May.

And Michelle is as excited as you'd imagine, revealing to *Look* that all their wedding plans have finally come together, even leaving them time to book a relaxing pre-honeymoon in Barbados, which Michelle jets off to just three days after we meet. Jealous, us?

But what we *really* want to know is what the 27-year-old is doing to prepare for the biggest day of her life. From her tanning regime ('I do it every night'), to musing about her something blue ('maybe blue-soled heels?'), Michelle spills the beans...



Enjoying Barbados after our shoot





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**Hi Michelle – you look incredible. What are your top body-toning tips?**

I should exercise more. I like to work on my legs because that is what needs most work. I've done spinning before, but I'm really lazy, I hate cardio! A good tan always makes me feel more toned though. I love Garnier's Dry Body Mist, it's foolproof.

**It must be hard to find the time to hit the gym...**

If I can't get there, I'll do an eight-minute ab workout at home that I found on YouTube, with stomach crunches and backwards crunches. Just type in 'eight minute ab workout' and go to level two.

**Who inspires and motivates you when you're so busy?**

Jessica Alba – she always looks amazing. I also follow female bodybuilders on Instagram. I follow an American girl called Michelle Lewin [[@michelle\\_lewin](#)] and also Ellie Goulding – she is solid, she runs every single day!

**And are you being quite strict about your diet at the moment?**

I should be, because I've got a lot of things coming up, like my wedding. I try to be healthy, but it's so difficult when you're such a foodie like me. If I go to the gym, I eat healthily, but if I don't go, that's when I eat unhealthily.

**Do you notice a difference to your hair, skin and nails when you change your diet?**

Yes, definitely. When I'm eating right, I can see [the difference] in my skin. I break out when I've been naughty.

**If you're having a bad skin day, how do you get over it?**

When I feel a bit run down and I've got an event coming up, I tan. I used to go on sunbeds when I was younger but not anymore.

**Speaking of tans, you mentioned the Garnier Mist – have you got any great application tips?**

I do it before I go to bed so it doesn't streak. I just spray it on my face in vertical lines from forehead to chin.



On the Julien Macdonald FROW with Millie Mackintosh, Whitney Port and Ella Eyre



Top, £25, River Island  
Skirt, £65, Miss Selfridge  
Earrings, £1.99, New Look  
Cuff, £14, Topshop

When I wake up in the morning, I wash it off and it gives me a natural glow.

**How do you normally stop it getting all over your clothes?**

I never do it in a rush, and I always wait a while before putting on clothes, especially tight trousers or jeans. Sometimes I even use the hairdryer to speed things up!

**Be honest, do you ever tan Mark?**

Oh yeah! I did it all the time when he was on *Strictly*, but he was never brown enough – the professionals had to take over! I think he quite enjoyed it. So many men get their wives to put a cheeky bit of tan on them, and they actually look good and benefit from it.

**When you're on holiday you obviously get a natural tan, but do you always wear a high-factor sunscreen?**

I like to use a sun cream on my face, like

“I get most of my ideas and tips from blogs”

an SPF20, and maybe an SPF15 for my body. I always choose a mist, because it's less hassle to rub in. I never used to when I was younger but now I'm so conscious of [sun safety].

**Do you have any other beauty tricks for when you're travelling?**

I love the IVL lashes [treatment]. They perm and tint your lashes – they look amazing and you don't need to wear mascara or falsies.

**Tell us your best holiday hair tips...**

I always use Moroccan oil after washing.

**Would you ever 'do a Cheryl' and go for the chop?**

Oh yeah, definitely! Now I don't have hair extensions – I haven't had them in for a couple of months – my hair is so much easier to manage and dry. I must admit that I prefer it, but I miss the thickness.



# COVER STORY

## What's in your make-up bag?

Benefit's Hoola Bronzing Powder – I love the colour and it's great for contouring. I also have Benefit's They're Real! Mascara, it's so good and it never smudges. I love my Sisley Lip Balm, Garnier BB Cream and MAC Mattifying Powder, which is great for my oily T-zone.

## What essential items do you carry with you at all times?

Sunglasses! I also like to carry my very embarrassing childhood jumper [Michelle holds up a very worn, fleecy grey jumper]. I've had it since

Everyone thinks the red carpet will be amazing, but it terrifies me

I was 14 and it makes me feel comfortable. I even sleep with it.

## Er, does Mark not get jealous?

No – he's actually really sweet. If I lose it in my sleep, or it goes over to his side, he passes it back to me. It gives him comfort knowing that I've got that with me at all times because then he knows that I'm settled and comfortable.

## Has it got a name?

Yes, it's called Fluff [Michelle laughs and fluffs it under her nose].

## OK! When it comes to beauty, who do you turn to for advice?

I get most of my ideas and tips from blogs and websites – *Look* is obviously number one! I also like Anastasia Soare [founder of Anastasia Beverly Hills]

– she's an amazing make-up artist who specialises in brows.

## What are your favourite high-street fashion brands?

I've got my Lipsy range, which I love, and also Mango, Zara, ASOS and then Kurt Geiger for shoes.

## Who is your favourite designer?

That's a hard one, as I never normally wear head-to-toe designer. Normally, I wear high-street clothes with designer shoes, coats or handbags. My favourite handbags are Chanel, they're just such classics. I'm obsessed with Sophia Webster shoes, too.

## Do you enjoy getting ready for big red-carpet events?

No. I like to be quite chilled and I just get really stressed. I don't really like the red carpet, it terrifies me. Everyone thinks it's going to be amazing but when you get out there it's just horrible. Once the red carpet part is out of the way, I can breathe again.

## How do you prepare beforehand?

I look at the dress, have it fitted, try lots of options and then from there I'll sit with the hairstylist and make-up artist to come up with a plan.

## We saw you on the FROW at lots of LFW catwalks this February – do you enjoy seeing all the shows?

I was never able to make the time to come to the shows when I was in *Corrie*, so this was my first Fashion Week and I've really enjoyed it.

## Who's your favourite person to sit next to on the FROW?

I know this sounds really cheesy, but I have to say Mark. He's really sweet. I thought he'd just come along to look at the models, but really he's looking at the clothes and always whispers in my ear when he thinks something will look good on me. And then we treat it like a date night and go for a nice meal after.

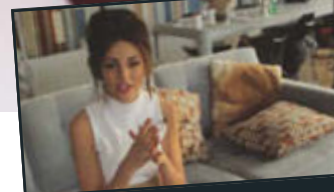


Dress, £14.99, Quiz  
Earrings, £4, Dorothy Perkins  
Bracelet, £9.95, Nelly.com

## And have you ever had any real fashion fails?

Oh yes, I wore this awful fishtail dress to the National Television Awards and I had feather eyelashes on and my hair was permed. I don't know what I was thinking!

■ Michelle Keegan is the face of Garnier Ambre Solaire Self Tan range – visit [Garnier.co.uk](http://Garnier.co.uk) for more information.



Watch Our Exclusive Video!

Tap to see Michelle reveal the five beauty buys she can't live without, or visit [Look.co.uk/Michellebeauty](http://Look.co.uk/Michellebeauty)

## Michelle's Beauty Kit

If it's in Ms Keegan's make-up bag, we want to know about it!

'It's my fave bronzer, the colour is great for contouring.'  
**Benefit Hoola Bronzer, £23.50**

'This is the easiest, most natural-looking tan. I even use it on Mark.'  
**Garnier Ambre Solaire Self Tanning Dry Body Mist, £11.69**

'I keep this on standby to keep my shiny T-zone matte.'  
**MAC Mattifying Powder, £20.50**

'I always take my make-up off before bed, and moisturise without fail.'  
**Garnier Nutritionist Youthful Radiance Day Cream, £8.99**

'It never smudges or goes black under my eyes.'  
**Benefit They're Real! Mascara in Black, £19.50**

'I wear this every day to give my skin a gorge glow.'  
**Garnier Miracle Skin Perfector All-In-One BB Cream, £9.99**







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## *Mollie:* 'It's All About Stripes & Khaki For Spring'

The Saturdays fashionista is back with another stellar edit of Oasis goodies – we want it all!

**S**he's become a FROW regular on the London Fashion Week circuit and we're constantly crushing on her red-carpet looks, so it's no surprise high-street hotspot Oasis has hooked up with Mollie King once again.

The second Loved By Mollie drop – an exclusive edit of her favourite spring pieces – lands this week, and it's packed full of buys to bring your

wardrobe into the new season, from trenches and jumpsuits to palazzo pants and gorgeous frocks. We've already got a shopping list as long as Karlie Kloss's legs, and with the last collection selling in record time, there's no hanging around.

We caught up with the lady herself to chat high-street fashion, dressing for date night and plates of spag bol...

Top, £18  
Trousers, £45  
Shoes, £45  
all **Loved By**  
**Mollie for Oasis**



**We love your edit, Mollie. What's your favourite piece?**

Probably the khaki coat – it's a really nice spring/summer jacket that you can just throw over an outfit.

**Have you always been an Oasis fan?**

Definitely. Ever since I was old enough to shop, Oasis was always one of my favourites. The collaboration came about because I wore so much Oasis!

**Which looks will you be championing this season?**

I love wide-legged trousers. Look for a high-waisted pair and wear with a heel or a wedge. I always go for shift dresses, too – there are two in this collection.

**What would you wear for date night?**

The stripy dress, because it's so sophisticated. And I always think on date night you shouldn't put too much out there – keep them wanting more.

**How about hitting the red carpet?**

I'd say the most glam piece is the pink dress. It'd be ideal for a wedding, too.

**Who is your ultimate style icon?**

Brigitte Bardot and Victoria Beckham. Victoria just always looks so chic.

**What's your biggest fashion faux pas?**

With *The Saturdays*, when we hadn't been together that long. It was the *High School Musical 3* premiere and we just looked like we were wearing bin bags.



Jumpsuit, £55  
Shoes, £48  
both **Loved By Mollie for Oasis**

**What's the best style advice you've ever been given?**

Wear what suits you, but also experiment. If you get it wrong, it's not the end of the world.

**What's next for The Saturdays?**

We're going back in the studio to do another album at the end of the year, so it should be good fun.

**As a popstar and model, the pressure must be on to look good. How do you stay in shape?**

I do try to go to the gym when I can, but



Coat, £75  
Top, £25  
Jeans, £45  
Shoes, £48  
all **Loved By Mollie for Oasis**

I think it's important that you treat yourself. I love dessert, so I might go for something like fish, then have a fondant after. Anything chocolatey is my guilty pleasure, and spaghetti bolognese with garlic bread.

## Shop Mollie's Edit Now!

Snap up her favourite pieces before they go...



Jeans  
£45



Dress  
£60



Shirt  
£38



Dress  
£45



Dress  
£38



Jacket  
£70

Layer over a white shirt for a spring office look

**WIN!**

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# The Feud Rocking The

As Dolce & Gabbana reveal they only believe in 'traditional' families – and Sir Elton John

It's only been three weeks since Domenico Dolce and Stefano Gabbana hit the headlines for sending pregnant models down the Milan catwalk, in what looked like the ultimate celebration of family. And now the pair have made the news again, but this time it's for apparently going back on everything we thought they stood for.

The designers are currently at the centre of a furore that's divided the fashion industry, after declaring themselves *against* gay adoption and even calling IVF babies 'synthetic' in a recent interview – much to the outrage of many fashion insiders, including Victoria Beckham.

Despite being gay themselves – and asking a female friend to be their surrogate back in 2006 – Domenico was quoted as saying: 'We oppose gay adoptions. The only family is the traditional one... I call children of chemistry synthetic children. Uteri [for rent], semen chosen from a catalogue.' He also said he believes procreation 'must be an act of love... You are born to a mother and father – or at least that's how it should be.' And Stefano quickly backed him up.

The duo soon found themselves in hot water after the comments were shared globally online, bringing



After Sir Elton expressed his outrage, Victoria Beckham showed her support



Victoria Beckham (@vbeckham) · 6h  
Sending love to Elton David Zachary Elijah & all the beautiful IVF babies x vb



# Fashion World

calls for a boycott – *Look* investigates how the situation escalated



Dolce & Gabbana's comments came just three weeks after they sent children down the catwalk with their mums

them to the attention of 68-year-old Sir Elton John. The musician, who has two sons born via the same surrogate with his husband David Furnish, retaliated on Instagram, saying: 'How dare you refer to my beautiful children as "synthetic".' He then added: 'And shame on you for wagging your judgmental little fingers at IVF – a miracle that has allowed legions of loving people, both straight and gay, to fulfil their dream of having children. Your archaic thinking is out of step with the times, just like your fashions.' Sir Elton signed off by declaring he'd 'never wear Dolce and Gabbana ever again' and would be boycotting the brand in the future, ending his statement with '#BoycottDolceGabbana'. The hashtag has now trended worldwide on Twitter, with other angry parents posting photos of their IVF babies in an act of protest, and leading figures across the fashion industry joined in, too.

Close pal Victoria Beckham, 40, was one of the first stars to tweet, saying: 'Sending love to Elton David Zachary Elijah & all the beautiful IVF babies xvb,' before being backed up by Susie

Bubble, who was sceptical that the brand would feel the effects of the boycott because it's too powerful. Meanwhile, Courtney Love tweeted: 'I just round up all my Dolce & Gabbana items and want to burn them.'

The designers themselves haven't taken their criticism quietly. Stefano posted: 'Facist!' and '#BoycottEltonJohn' on Twitter with a throwback photo and the caption: '#DGmamma', apparently referring to their recent catwalk shows. But it seems the pair finally realised it might be a good idea to elaborate on their views. 'We love gay couples. We love gay adoption. We love everything,' Stefano said. 'It's just an expression of my private point of view.' Somehow we still don't think Sir Elton's going to be inviting them to his next Oscars party...



Stefano Gabbana (left) elaborated on his and Domenico Dolce's views, saying: 'We love gay couples. We love gay adoption. It's just an expression of my private point of view'



## 'My Baby Is Not Synthetic!'

**Virginia Cruz, 34, from East Sussex, is mum to a 13-month-old girl**

'When I read Dolce & Gabbana's comments, I was outraged. Yes, everyone is entitled to their opinion, but they went a step too far by labelling our much-wanted and loved kids as 'synthetic'. The pair represent a powerful brand and they should have known they'd upset millions of children conceived through IVF, and their parents. There have been many IVF-born kids taking to social media to defend themselves, and I'm proud of them. However, my daughter is too young and only has her parents to speak out on her behalf. But why should we have to defend her in the first place, in 2015? I want the #BoycottDolceGabbana to keep trending worldwide for as long as possible to show my daughter, and others like her, that hateful comments like these will not be tolerated.'



## 'Elton Shouldn't Try To Destroy D&G'

**Janine Lister, 31, from Leeds, has five-year-old twins**

'What's worse? Offering your opinion on a subject or trying to destroy someone's lives and business because you don't agree with them? Personally, I think the latter. I love my twin boys so much, and of course I disagreed with the designers' comments. However, I strongly believe Dolce and Gabbana have a right to their opinion. It doesn't affect me, and their comments won't stop my twins from knowing how loved they are. The power of social media means everyone gets offended so easily, before taking a step back and looking at the bigger picture. The pair said a couple of words in an interview and now everyone is trying to ensure their business fails by boycotting them. I'm entitled to say what I like without facing this sort of attack, and they should be, too. I think everyone needs to calm down and get back to raising their children the best way possible.'





Gwen Stefani



Cara Santana



Jennifer Lopez



Heidi Klum



# The Fash Pack's New Jumpsuit Crush

It's super easy to wear and comes in the colour of the moment – no wonder those in the know can't take off their khaki all-in-ones!



Wallis  
£65



Mango  
£69.99

Oh how we love a jumpsuit. There's just something so effortlessly chic about their 'throw on and go' vibe. So you can imagine we're pretty smitten with the latest incarnation of this wonder buy – in military-inspired khaki.

Tapping into the huge utility and colour trends of the season – not to mention fashion's continued love affair with the one-piece – khaki and olive jumpsuits are fast becoming the spring go-to for celebs and street stylers alike. And we can see why – they go with everything from heels to skate shoes, and can be dressed down for day or up for after-dark with a simple accessory switch-up.

Look for slightly oversized, slouchy styles (drawstrings and structured middles ensure you don't lose your waist), decorated with buttons and utility pockets. Comfy, cult and cool, you won't want to wear anything else.



Miss Selfridge  
£49

Girls On Film at Dorothy Perkins  
£45



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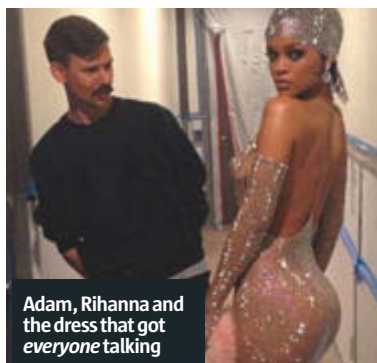


# The £69 Sunnies Rihanna Loves – Get Yours Now!

He's the man behind some of her most famous looks, now Adam Selman has created a new range of killer sunglasses

**R**emember *that* amazing dress Rihanna wore to the 2014 Council of Fashion Designers Awards? Well, that was the handiwork of Adam Selman, the New York-based designer currently taking the celeb world by storm. 'I recently made pieces for Lorde, Beyoncé and Ariane Grande as well,' Adam told us when we caught up with him to hear all about his new collaboration with Le Specs. Given that the sunglasses shop is already a favourite of Cara D, Kate Moss and Queen Bey, it makes sense that Adam would team up with them.

His gang of famous fans are already rocking their Selman shades, which come in graphic cat-eye shapes and bold colours. 'Eyewear's something



Adam, Rihanna and the dress that got everyone talking

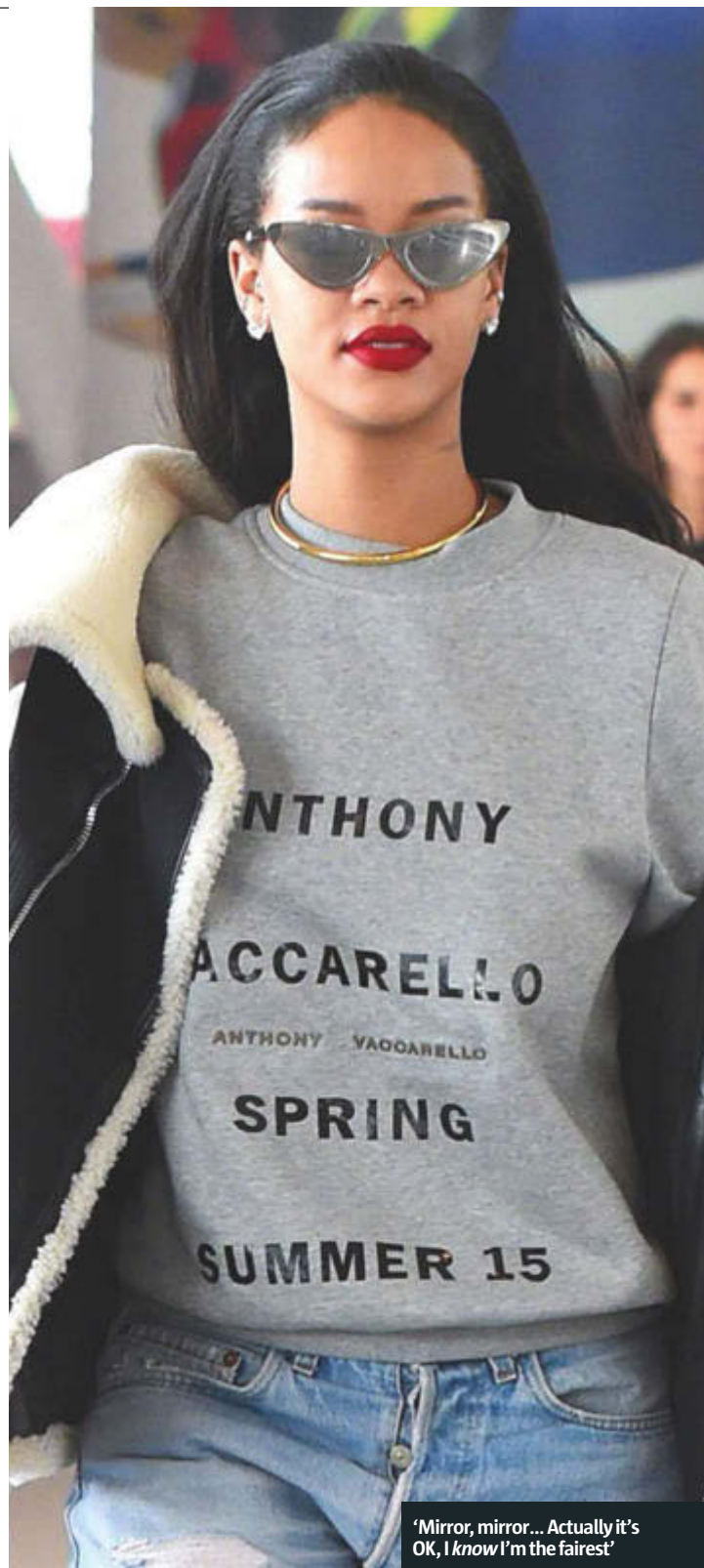
I've always been interested in. It really helps complete a look,' Adam said, and references iconic 60s film, *Lolita*, as inspiration. 'It's fun to see celebs in the glasses, but what would really make me happy is seeing a woman on the street in them having a great time.'

So, as Ri-Ri's right-hand style man, what does he think makes her such an icon? 'Her confidence,' says Adam. 'Rihanna is very hands-on when we work together. She is very skilled in her design choices.'

At just £69, these sunnies are a slice of megastar style on a purse-friendly budget, while the timeless shape is super-flattering. And if you're still not convinced, let Adam persuade you: 'They're cool, bold and made to have fun in. After all, summer's all about fun.' We couldn't agree more!



Lady Gaga + Selman shades = made for each other



'Mirror, mirror... Actually it's OK, I know I'm the fairest'

Lespecs.com  
£69 each



Ri-Ri loves the mirror lenses

WORDS: HANNAH BANKS-WALKER PHOTOS: ADAM SELMAN/INSTAGRAM, LADY GAGA/INSTAGRAM, SPLASHNEWS.COM

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If They're Doing It, We've Got The Pics To Prove It!

LOOK  
Love  
Lives

## Beach Buddies!

Kate Hudson  
& Chris Martin

Everyone knows everyone in Hollywood, huh? And by 'everyone', we mean Chris Martin and Kate Hudson, who hit the beach for a family day out. Newly single Kate, 35, was showing off her jaw-dropping body in a bright bikini, and looked on as Chris, 38, did a spot of surfing. There's a simple explanation for the friendship – their children. Apple and Moses (Chris's kids) and Bingham and Ryder (Kate's sons) go way back, and Kate is friends with Gwyneth. It may all be totally platonic but we wonder if Jennifer Lawrence, who Chris is back on with, will be too happy to see these pics!



'Check it out – the waves have whipped that bloke's trunks off'

Find Kate's beach body  
and diet secrets on page 79





If They're Doing It, We've Got The Pics To Prove It!



Bet Lesley was more of an *X Factor* fan anyway...

## Splitsville

Ricky Wilson & Lesley Williams

No! His transformation from slightly chubby rocker to super-suave judge on *The Voice* may have cost the Kaiser Chiefs frontman his relationship. Ricky confirmed his split from his TV producer girlfriend, saying they struggled to adjust to his heightened fame. But could the 37-year-old's on-air flirtathon with Rita Ora have played a part? If so, we predict a riot...

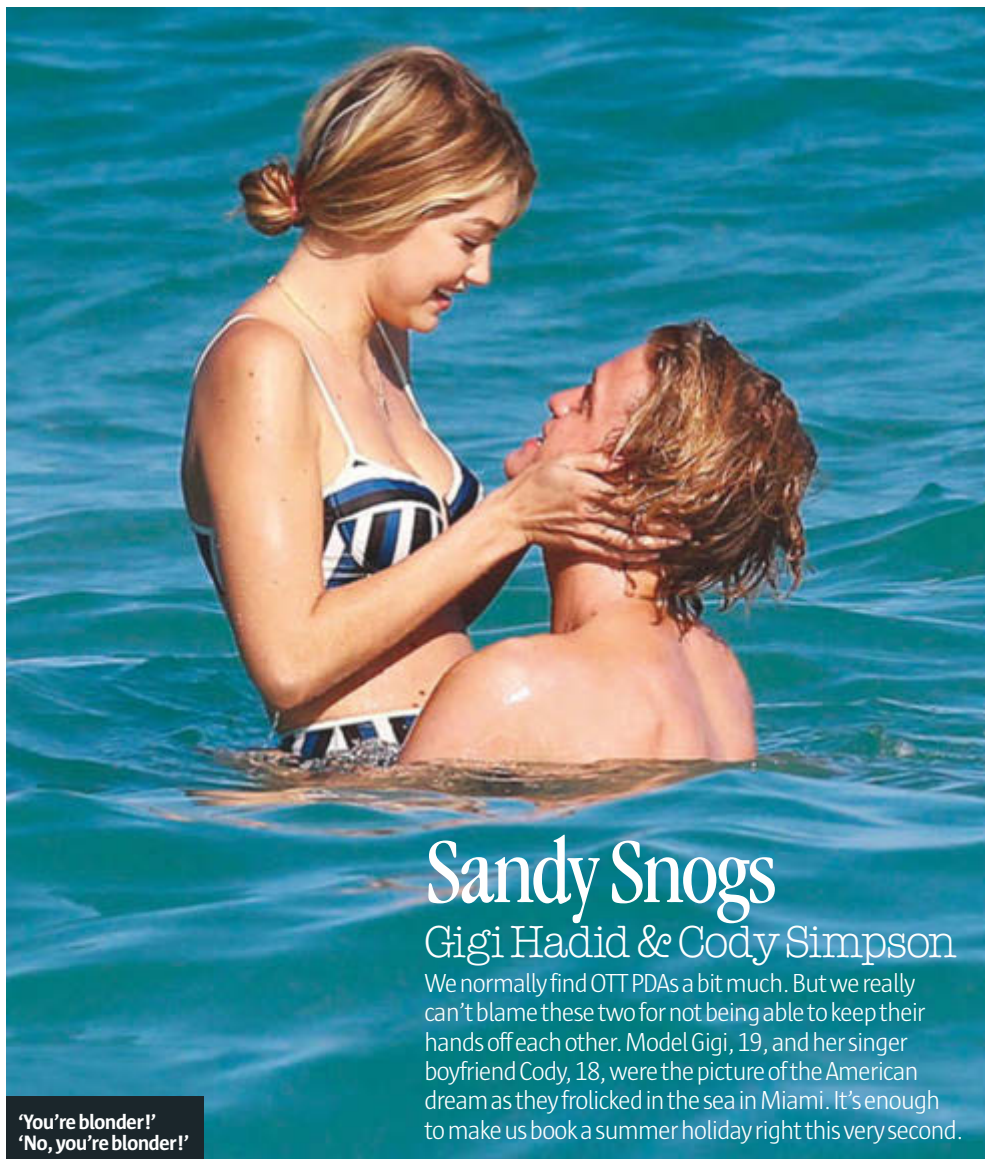


Obviously they haven't got to the 'sharing the same wardrobe' stage yet

## It's Official

Kylie Jenner & Tyga

The 'are they, aren't they' questions have finally been answered this week, with Tyga declaring his love for girlfriend Kylie, 17, over Instagram. The 25-year-old rapper captioned a picture of the *Keeping Up With The Kardashians* star with the words 'Certain things catch your eye, but only a few capture the heart'. Altogether now: 'Aww!'

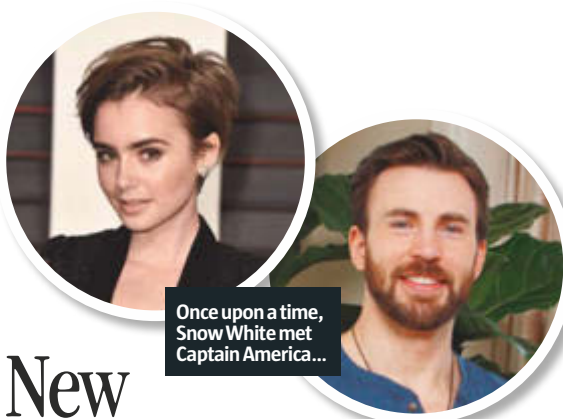


## Sandy Snogs

Gigi Hadid & Cody Simpson

We normally find OTT PDAs a bit much. But we really can't blame these two for not being able to keep their hands off each other. Model Gigi, 19, and her singer boyfriend Cody, 18, were the picture of the American dream as they frolicked in the sea in Miami. It's enough to make us book a summer holiday right this very second.

'You're blonder!'  
'No, you're blonder!'



Once upon a time, Snow White met Captain America...

## New Couple Alert

Lily Collins & Chris Evans

Watch out Gigi and Cody, there's a new pair on the block ready to rob you of your 'most good-looking couple ever' crown. Lily Collins, 26, is said to be dating *Captain America* star Chris, 33, after the pair met at an Oscars after-party. This is one couple we really want to see go the distance – they're just so gorgeous together.

## Double Denim

Blake Lively & Ryan Reynolds

We're still mourning the end of Justin and Britney. Which is why we're thrilled they've got a pair of doppelgängers in Blake, 27, and Ryan, 38, who photoshopped themselves into this 2001 denim combo before tweeting it! Take a look @ VancityReynolds



Maybe it's time to book a babysitter and get out of the house for a bit, guys

WORDS: CATRIONA INNES. PHOTOS: BARCROFT MEDIA, WENN.COM, FAME FLYNET, WIREIMAGE.COM, GETTY IMAGES, REX FEATURES, RYAN REYNOLDS/TWITTER





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# The Street-Style Look To Try Now

All Fashion Month, we spied the fash pack taking matchy-matchy to a whole new level. Upload your pics at [Look.co.uk/street-style](http://Look.co.uk/street-style)



For more looks,  
check out  
'Your Street Style' on...



Lookmagazine



## Fair & Square

Not only did bloggers Hannah Crosskey and Atosa Nikkiah both opt for a head-to-toe tonal look in bold blue hues at LFW, but they also managed to work in this season's striking geometric grid print. Bonus.



## Retro Revival

Wide-legged trousers? Tick. Oversized sunnies? Tick. Earthy colour combos? Triple tick! Blogger Camille Charrière and model/stylist Alexandra Carl were a match made in style heaven at Paris Fashion Week this month.



## Club Tropicana

We're guessing these two London style mavens got the memo that loud, tropical prints and bold blooms are in for spring. Follow their lead and channel your inner bohemian with a wide-brimmed hat and fringed leather jacket.



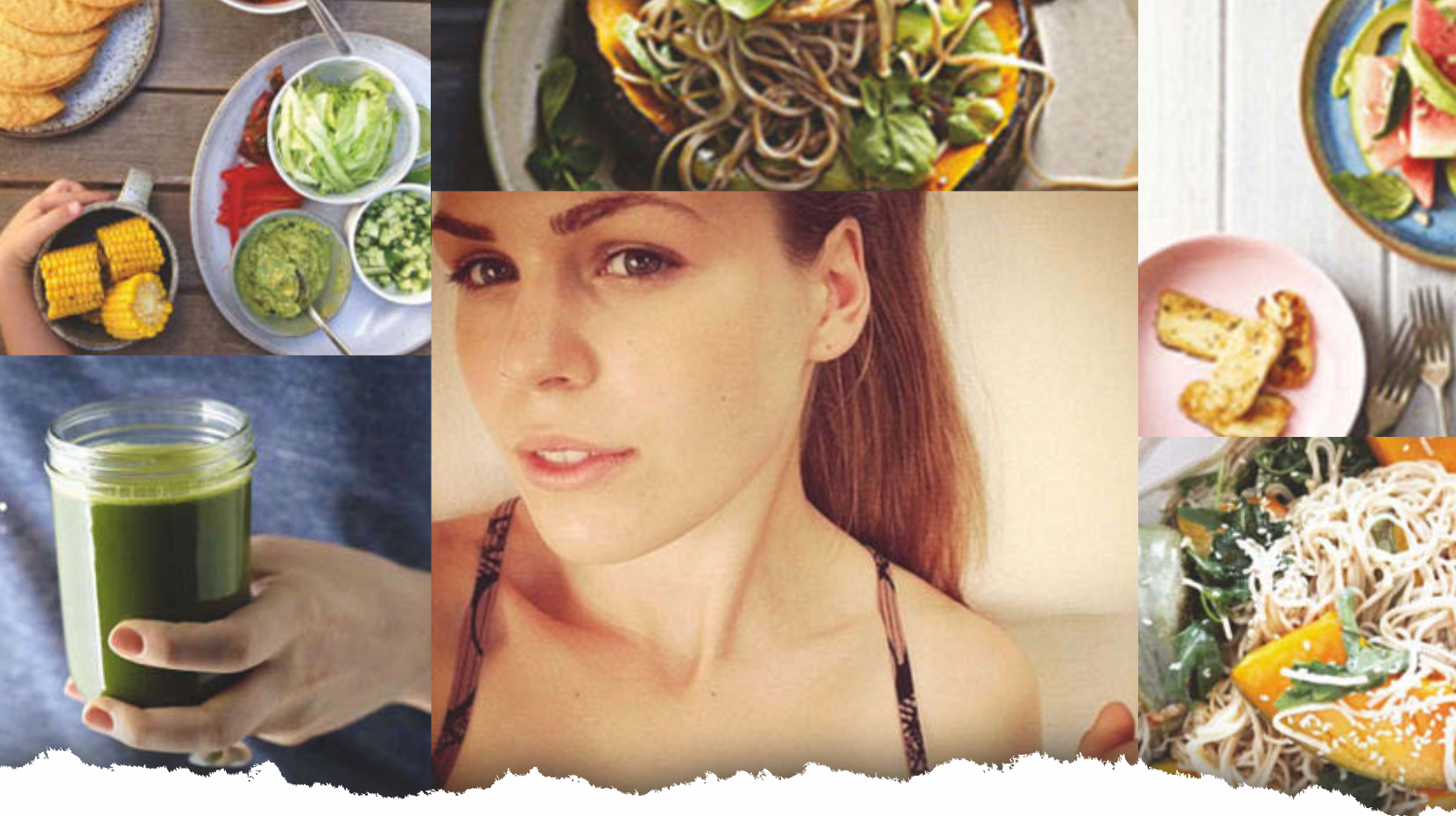
## Skirting Around

We're crushing over these chic, flared midi skirts, as seen on blogger Hedvig Opshaug and photographer Candice Lake in London. Last week, we gave you a masterclass in sweaters and skirts – it seems these ladies were listening.

## Feeling Fruity

Thanks to a zesty lemon and lime palette, these show-goers' tailored twinsets added a touch of sunshine to the AW15 showcase in chilly Paris last month. We're awarding extra style points for those kitsch and kooky sunnies, too.





# #Insta-Sham: Why D Most Inspiring Blogg

It's the story so shocking we all want it not to be true. But as health-food blogger and 'cancer survivor' Belle Gibson's back story appears to unravel, *Look* examines the truth behind the rumours...



Belle appeared on TV shows to discuss her 'recovery'

Who would lie about having cancer? It's the question rocking the world as Belle Gibson, 26, the health-food blogger who supposedly 'cured' her cancer by overhauling her diet, faces claims her multimillion-pound business was based on lies.

Until recently, Belle's story was one of triumph over adversity. Her business, The Whole Pantry, was born in 2009 when a then-unheard-of Belle began posting recipes on Instagram which she claimed were helping her heal 'a malignant brain tumour' doctors had said would kill her in six weeks. She said she'd shunned chemotherapy and radiotherapy for Ayurvedic treatments (a type of holistic therapy) and oxygen therapy, and removed meat, gluten, sugar and preservatives from her diet. And she claimed it had worked – the tumour was no longer a threat to her life.

Inspiring story, right? Within months, Belle accumulated 195,000 followers, wrote a bestselling book and developed a recipe app so popular that it was set

to be one of the few preloaded onto Apple's watches. She claimed she donated a third of her proceeds to charity, and delivered motivational speeches all over the globe.

It seems unthinkable that her story could be made up. But there have long been rumours about the authenticity of her claims, with entire forums devoted to uncovering 'the truth', along with pictures posted of Belle drinking alcohol and partying, apparently taken the week she was meant to have been diagnosed. In July 2013, Belle released a statement denying the rumours.

This hushed the gossip for a while, as did her devastating announcement 12 months later that the cancer was back, and had spread to her blood, spleen, brain, uterus and liver. While many reacted with shock, Australian magazines began receiving anonymous letters saying Belle was lying, not just about the cancer returning but about ever having had it in the first place. Then last week, a newspaper found that the £200,000 made from The Whole Pantry





# Did The World's er Betray Us All?

app had never made it to the charity she claimed to be donating it to.

It didn't end there. Friends came forward claiming they'd never known her to be ill and that she wasn't even called Belle. Eventually, during an interview two weeks ago she admitted that not everything was true. 'It was more of a misdiagnosis than fictional,' she said of the secondary cancer. Then she vanished, removing her social media pages from public view and making a statement asking her family be left alone.

However, while many have been quick to attack Belle, others are calling for more sympathy as to why she may have lied. 'It is possible this was a lie for attention that spiralled out of control,' explains psychologist Dr Paul Seager. 'Social media allows those who have low self-esteem and are lonely to focus attention on themselves. That's how this could have started, without any knowledge of how viral it could go.' Whatever the truth, we hope it comes out soon, for Belle's sake and her community of fans.

## 'I Have Nothing But Sympathy For My Friend'

**Jordan Younger, 24, of *The Balanced Blonde*, who knew Belle, shares her views exclusively with *Look***

**I** know Belle to be an extremely inspiring woman. We became friends during one of her visits to New York, where we took our conversation from business to extremely personal and back again. I left our first dinner together buzzing with inspiration. I thought of her as the exact type of woman I wanted to be, and have tried to emulate her in many ways since. Despite this, we soon lost touch. Being on opposite sides of the world and running two businesses seemed like two legitimate reasons for communication to fade out, so I never questioned it. Plus there was the issue of her health. I thought of her often, and sent good vibes (and endless texts) when I heard via Instagram that her cancer had spread. Now, in wake of the allegations, I am at a standstill. I hope the rumours are untrue, and I know that regardless of the truth Belle is a very strong woman and she will come forward with her side of the story in due time. I also think we should be showing her love and compassion in this harsh time. As someone who has been viciously attacked on the internet, I know that having hatred flung your way can be a scary thing. If her whole story is untrue, Belle is suffering in ways many of us can't imagine. I urge her followers and former supporters to extend patience and encouragement for her to come out with her story.'



Jordan (right) urges Belle's followers to be 'patient' with her



ELEANOR TOMLINSON

# 'I'm Happiest When Wearing A Tracksuit'

Not only is the 22-year-old on the path to superstardom, but she's also currently the luckiest woman alive, as she gets to snog the hottest man on TV, *Poldark*

Not many 20-somethings can claim to have walked the red carpet with Johnny Depp or kissed Nicholas Hoult, yet actress Eleanor Tomlinson has done both. But, despite conquering Hollywood, it's her latest role in BBC1's *Poldark* that's causing a buzz, playing wild child Demelza alongside hot Irish actor Aidan Turner.

Yorkshire-born Eleanor's first film role was in *The Illusionist* when she was just 13, playing a young Jessica Biel. After that, the parts came flooding in, including the lead in *Jack The Giant Slayer*, where she got to snog Nicholas Hoult – nice work. And it's rumoured that Nicholas is the one who introduced her to her boyfriend, who she refuses to name, but is also in showbusiness.

Loved-up and lucking out – not to mention the seven million viewers watching *Poldark* every week – things are going well for Eleanor Tomlinson.



Starring in *Jack The Giant Slayer* with Nicholas Hoult and Ewan McGregor



Kissing her gorgeous *Poldark* co-star Aidan Turner – lucky lady!

## 'My Brother, Ross, Helped Me Get The Part...'

I borrowed my brother's clothes, went into the audition and tried to just stay in character as much as possible, as they haven't seen that side of me. I've never really done it that way before, because when you go in to play the leading lady roles, you're much more talkative and polite. You dress nicely, too, but with Demelza I think that was the whole point – to have that rougher edge.'



With her actor brother Ross

## 'Demelza Is So Different To Other Characters'

'For a start she's completely different from anyone I've played before, and has the most fantastic journey. She starts out being mistaken for a boy, then becomes Ross's servant, and gradually moves up to become his wife. Aidan is a brilliant actor and he was under a lot of pressure, as we were all playing such iconic characters.'

## 'I Struggled At School'

'I was bullied a lot [at school] and told I got too big for my boots – but actually I was very shy. I was also accused of being too posh, because during stints away from home any trace of a Yorkshire accent would fade away... It's incredible how horrible girls can be.'

# Eleanor Tomlinson Interview



Eleanor went to India as the ambassador for World 24 Hour Famine

## 'Visiting India Was An Emotional Rollercoaster...'

I was asked to be the ambassador for World Vision 24 Hour Famine in 2008 and was amazed I'd been picked to lead such a powerful campaign. Its aim is to reach out to teenagers to inform them about how youths lead a completely different life to the one we lead here. I went to India and it was so hard to deal with at times, but also uplifting because they're so happy.'

## 'I'm A Country Girl At Heart'

'My mum, dad and brother are all actors, so I guess you could say it's in my blood. When I was 11, my dad's agent came over for dinner and I refused to let her leave until she represented me. It makes me cringe now. It's lovely being in the limelight, but it's obviously very nerve-wracking. Part of me loves it; the other half is terrified. When I stand in front of the banks of photographers, I start shaking. I'm a country girl, happiest playing with my dogs or horses, and never out of a tracksuit!'



# High Street Hottest

Just in, your shopping fix of all the latest looks. Purses at the ready...

*Next*



Shorts  
£26



Shoes  
£38



Jacket  
£38

Team this shirt with high-waisted jeans and sneakers for the weekend

Shirt, £26  
Skirt, £26  
Shoes, £34  
Bag, £22  
all **Next**



In Store  
This Week!

## Marks & Spencer

Keep the  
focus on your  
bottom half  
by pairing  
these  
trousers with  
a plain tee

Shirt, £29.50  
Trousers, £35  
Shoes, £45  
Necklace, £22.50  
Bag, £39.50  
all **Marks & Spencer**



Skirt  
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**Very.co.uk**

For day, swap  
the heels for  
some pastel  
brogues and  
add a super-  
slouchy blazer

Jumpsuit, £59  
Shoes, £35  
Bag, £22  
all **Very.co.uk**



Dress  
**£49**



Shoes  
**£20**



Skirt  
**£27**



Bag  
**£30**



In Store  
This Week!

## River Island



Trousers  
£38



Dress  
£45



Bag  
£35



Shoes  
£24

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Work bold  
colour-block  
pieces with  
this printed  
coat for a cool  
spring look

Coat, £75  
Dress, £45  
Necklace, £15  
Bag, £28  
all **River Island**



Wear these  
printed  
separates  
with striped  
espadrilles  
or metallic  
Birkenstocks

Coat, £99  
Top, £65  
Trousers, £69  
Shoes, £79  
all **Phase Eight**

## Phase Eight



Top  
£55



Skirt  
£75



Bracelet  
£15



Shoes  
£110





In Store  
This Week!



**Zara**

For a new  
take on your  
officewear, go  
for neutral  
colours in  
varying  
textures

Waistcoat, £69.99  
Top, £29.99  
Skirt, £39.99  
Shoes, £49.99  
Necklace, £19.99  
Bag, £49.99  
all **Zara**



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**£19.99**



Skirt  
**£29.99**



Necklace  
**£19.99**



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**£129**

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**Hobbs**



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**£99**



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**£69**



Coat  
**£159**



Bag  
**£199**



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Wear this blazer with a bright pencil skirt and a white shirt for some serious power dressing

Blazer, £65  
Top, £26  
Jeans, £40  
Shoes, £62  
Earrings, £6.50  
all **Topshop**



Skirt  
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Shirt  
**£38**



Bag  
**£42**



Ring  
**£7.50**



Shoes  
**£45**

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kitten heels

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Skirt, £55  
Bag, £139  
all **Boden**



*Boden*



Top  
£69



Dress  
£110



Shoes  
£89



Skirt  
£69

STYLED BY: LUCIE CLIFFORD PHOTOS: HANS RESENDAL HAIR: DINO PEREIRA USING CLOUD NINE MAKE-UP: AFTON RADOJICIC  
AT S MANAGEMENT USING MAC MODEL: OUGA AT MILK PHOTOGRAPHER'S ASSISTANTS: DAN DOUGLAS, BEN BREADING FASHION INTERN: EVIE WILLIAMS



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# Celebs Wear *High St* Too!

That's OK, ladies – we're happy to share the high-street love



Jourdan  
Dunn

## Jourdan's Jacket

We're so in love with Jourdan's flower-power bomber from celeb-loved label Jaded. Giving a major print injection to any outfit, it won't fail to make a statement. Slip it over a hot frock for an evening look with supermodel-approved status.



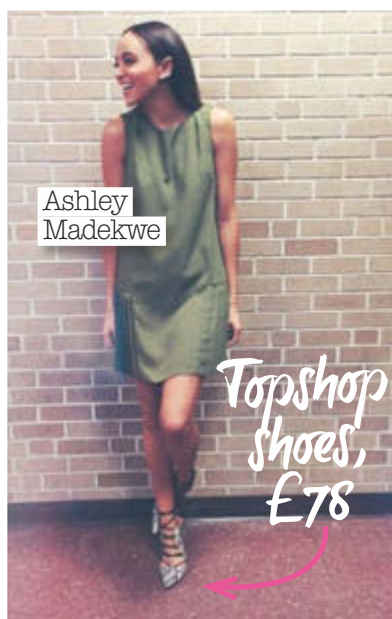
Jaded London  
at Selfridges  
£65

## Ashley's Dress

The always-stylish Ms Madekwe has shown us khaki in a whole new light. Nailing the military vibe, yet keeping it sleek and girlie, the minimalist design of this ASOS frock makes it look seriously high end. Especially with the addition of those could-be-designer Topshop heels.



ASOS  
£35



Ashley  
Madekwe

Topshop  
shoes,  
£78



Alesha  
Dixon

## Alesha's Shirt

Ms Dixon knows how to nail casual cool and proves that double denim is going nowhere fast. Whether you button it up or wear it open over a summer dress, this relaxed denim shirt is a never-date staple and comes in three classic shades of blue.



Uniqlo  
£29.90

## Styling Tips

- 1 Layer up à la Alesha and leave your shirt open over a tee.
- 2 Wear it on top of a denim dress to really tap into this season's huge denim trend.
- 3 Smarten up your shirt by tucking it into a sleek pencil skirt and adding some strappy heels.





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**Styletalker.com**  
Shoes, £50, **ASOS**  
Hat, £22, **Topshop**

# FLORAL STRIPE OUT

Mix and match the 'It' prints of the season with fancy florals and standout stripes. Go bold or go home...

PHOTOGRAPHY: LIZ CHAMBERS FASHION: LUCIE CLIFFORD





Dress, £50; shirt,  
£25, both **ASOS**

Jacket, £60, **River Island**  
Jumper, £35, **United  
Colors Of Benetton**  
Skirt, £25, **Very.co.uk**  
Shoes, £35, **Limited  
Edition at Marks  
& Spencer**  
Earrings, £5 (pack  
of three), **Wallis**





Dress, £24.99, **Mango**  
Floral top, £8, **Primark**







Jumpsuit, £25;  
shoes, £50, both **ASOS**  
Shirt, £10, **Primark**  
Earrings, £5 (pack of  
three), **Wallis**





Jacket, £17, **Primark**  
Top, £34.99, **Mango**  
Skirt, £45, **Autograph at Marks & Spencer**  
Shoes, £16, **Primark**  
Belt, £20, **ASOS**  
Clutch, £45, **Coast**

Top, £34, **Topshop**  
Culottes, £48,  
**Lavishalice.com**  
Shoes, £85; clutch,  
£40, both **Miss KG**  
by Kurt Geiger  
Earrings, £18.50,  
**Freedom at Topshop**





HAIR: DINO PEREIRA USING KIEHL'S MAKE-UP: ANDRIANI VASILIOU AT STELLA CREATIVE USING MAC COSMETICS MODEL: SANTA AT M&P  
PHOTOGRAPHER'S ASSISTANTS: KLAUS BLUMENRATH, EVA HAFTMAN FASHION INTERN: HELENA STOCKS

Jacket, £50, **Oasis**  
Shirt, £14.99, **H&M**  
Trousers, £15,  
**Boohoo.com**  
Earrings, £12.50,  
**Freedom at Topshop**  
Watch, £89, **Nixon.com**





*Regret Nothing.*  
no sugar, no calories

*Diet*  
**Coke**



# Fashion Month's Hottest Trends HIT THE HIGH STREET!

Straight from New York, London, Milan and Paris, these brand-new catwalk looks will give your wardrobe seriously ahead-of-the-curve kudos...



PRADA



ASOS  
£28



Carvela  
£49

## Wear- Everywhere Mary-Janes

Prada's runway was invaded by Mary-Jane heels in a variety of colours, cementing them as the new cult shape. And we can all get our fix thanks to ASOS, Dorothy Perkins and Carvela. Wear with babydoll dresses for summer cool, or with a cropped tailored trouser to channel Prada's princesses. Either way, these footwear fancies provide round-the-clock comfort, meaning you really can wear them anywhere!



ASOS  
£28



Dorothy  
Perkins  
£29

More over the page ➡ LOOK.co.uk 57

## *Last Weekend:*

Über party plans and  
general madness

## *This Weekend:*

No plans and time  
to catch up with  
your fave mag



Download previous  
issues of **LOOK** now!

Here's to a relaxed  
weekend vibe...





## Nude Cat-Eye Shades

The queen of shades, Karen Walker, put a fresh spin on the classic cat-eye with her new blush incarnations. Big, bold and beige was the order of the day, and we'll be following suit. Thankfully, Topshop and Monki have got this one in the bag.



Topshop  
£10



Monki  
at ASOS  
£10



Topshop  
£16



KAREN WALKER



OLYMPIA LE TAN



River Island  
£28



Karen Millen  
£99

## Graphic-Print Minis

There's no doubt that the 60s reigned supreme for AW15, but the piece that really had us feeling the retro vibes were the striking printed miniskirts we saw just about everywhere in Paris. From Mugler to Olympia Le Tan, it was all about the super-short, A-line shape adorned with punchy patterns, worn with tucked-in blouses. As luck would have it, the high street is totally crushing on them too, so we can all be 60s sirens for spring.



Boohoo.com  
£8



River Island  
£28



VERONIQUE BRANQUINHO



## Lime Sorbet

■ Pack a citrus punch with zingy-hued pieces as seen at Veronique Branquinho and Lea Peckre. That's one of your five-a-day sorted!

■ **Currently storming all our favourite stores, opt for tailored trousers, chiffon blouses and even runway-ready maxis.**

■ Just remember to wear with neutral shades such as white and tan to avoid a harsh colour clash.



Wallis  
£65



Lavish Alice  
£48



LEA PECKRE

River Island  
£35



Mint Velvet  
£59



## Teardrop Necklaces

■ Add to glittery tops or patterned dresses, as seen at Les Copains in Milan, to really max out the glam factor.

■ **Give your workwear a lift by wearing with a white T-shirt and a pair of black cigarette trousers.**

■ Liven up your outerwear and layer underneath your coat collar.

Red Herring at  
Debenhams  
£12



Morgan at  
House of Fraser  
£25



Ted Baker  
£45



LES COPAINS







MIU MIU

## Flower-Power Jewels

Dress up your ears in some pretty petals, like the Miu Miu girls. These colourful, oversized flower studs stole the show, and inspired us to look for our own pair of bejewelled blooms. These offerings from Swarovski, New Look and Miss Selfridge rival the runway.



Swarovski  
£69

Miss Selfridge  
£6.50

New Look  
£4.99



New Look  
£24.99



Marisota  
£59



Oliver Bonas  
£49.50



Topshop  
£68

## Zip-Front Frocks

■ Christopher Raeburn transformed his classic dresses with statement zips running down the front. As soon as we saw them, we were sold.

■ The simplest of details, these zips are enough to take a frock from basic to showstopper in no time at all.

■ Look to Topshop and New Look for colour-block beauties, while Oliver Bonas has spring-ready florals all zipped up (sorry).



CHRISTOPHER RAE BURN

Wear with knee-high boots and bare legs to nail SS15's 60s trend





## The Polka-Dot Jumpsuit

Diane Von Furstenberg's spotty jumpsuit had us desperate to update our trusty all-in-one. Here's how to pull off head-to-toe spots

✓ **DO** look for tailored shapes to flatter your figure. If opting for a cropped leg length, heels will elongate your pins, while tapered cuts look great with pointed flats.

✗ **DON'T** think they're just for after-hours. Try one over a lightweight knit for an office-appropriate alternative.

✓ **DO** wear a sheer, long-sleeved blouse underneath Love Label's jumpsuit to echo the catwalk and add a chic texture clash.

Love Label  
at [Very.co.uk](http://Very.co.uk)  
£49



Izabel London at  
House of Fraser  
£32



MARC BY MARC JACOBS



Mango  
£24.99

## Glossy Bum Bags

NY's ultimate trendsetter, Marc Jacobs, took the bum bag out of naff territory with his AW15 leather pouches. Perfect for festivals, this is how to wear them

■ Copy the catwalk and use one to cinch in the waist of a girlie frock. That's some seriously practical accessorising.

■ **Team with high-waisted jeans and a slouchy white shirt for undone elegance.**

■ Keep jackets cropped to avoid bulky layers.





Mochi at ASOS  
£210



Mochi  
£154.65

## Mirror Embellishment

Burberry's boho babes stormed the catwalk in a flurry of mini mirrors – and now they've hit the high street. Here are our top buys to bag now...

■ Mochi's trophy jacket has a real designer vibe thanks to its intricate appliqué detail. It may be an investment, but it's guaranteed to take your skinny jeans from humble to haute in an instant.

■ **This obi belt from Free People will give you standout style on the festival field, but will work with your basic separates, too.**

■ This skirt will be your new summer staple, thanks to its wear-anywhere potential. Team with a white tee and pumps for off-duty cool.



New Look  
£24.99



Free People  
£98



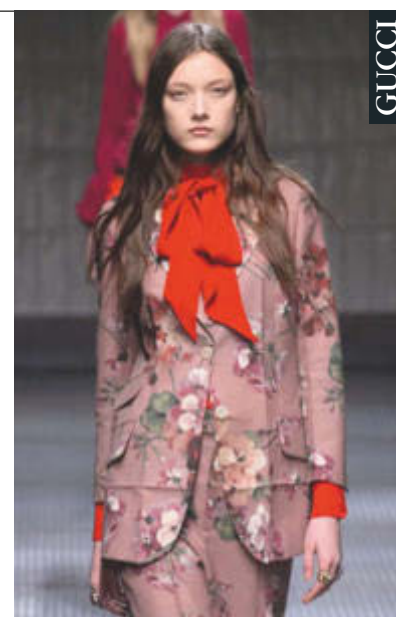
Reiss  
£135

Alice & You at  
Debenhams  
£25

BHS  
£25

## Pussy-Bow Blouses

With the 70s takeover in full swing, the easiest way to nod to the trend is with a pussy-bow blouse. As seen at Gucci, these can transform a buttoned-up blazer. Perfect for work, we suggest you also rock them tucked into flared jeans for a weekend spin. Groovy.







Yumi

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[www.yumidirect.co.uk](http://www.yumidirect.co.uk)



# How To Rock The New 'It' Jackets

From bright, spring wools to super-shiny macs, meet the coolest cover-ups around



## Embroidered & Cropped

A heavily embroidered jacket will be your wardrobe go-to all season long. Use it to smarten up ripped jeans and a classic white shirt at the weekend, or slip it over a smart A-line dress for work.

## Giant Bloom Print

Topshop's oversized florals have really caught our eye this season, and this amazing jacket is top of our wish list. For a catwalk-worthy look, layer it over even more florals. This time, more is more.



## Neon Biker

Like Berocca for your wardrobe, this zingy jacket will brighten up the simplest of outfits. It'll give a sporty twist to navy and grey, plus boost last year's floral frocks. Go bold or go home!



# LOOK High-Street Catwalk



Zara  
£59.99

New Look  
£5.99

French  
Connection  
£140

Schuh  
£48

● This jacket will be the perfect partner to your denim cut-offs for festival season

## PVC Mac

From pastels to see-through styles, the mac is having a moment, so you can give your Barbour a break. If a mac isn't glam enough for you for night, wear it in the day with colour-coordinating tapered trousers.

## Standout Fabric

Wool is big news for SS15 – the catwalks went crazy for bright woollen jackets. Go for mannish tailoring for a smart vibe or, if you're more of a girlie girl, wear this beauty with a midi skirt and courts.



F&F  
£55

H&M  
£29.99

River Island  
£38

Primark  
£16

● Colour clash hot pink and bright red for extra impact



## Statement Bomber

Bombers have had a revamp, and this time around they've gone seriously statement. Rock yours with metallics for night, or throw it on over boyfriend jeans and a grey tee for day.

## Collarless Cover-Up

Collarless and neoprene, this Primark baby ticks off two trends in one go. It works great for night, too – just add a heavy statement necklace or a blouse with a detailed collar to glam it up.





In Association With Matalan

# Dress To Impress



## Earn Your Stripes

Horizontal stripes are huge news this season, especially ones in loud and proud colourways. Give this fitted body-con dress a tailored twist by teaming it with a long-line sleeveless blazer.



## Blue Mood

Looking for a wedding guest dress? Search no further – this floaty blue number, with its pleated panel front, oozes chic appeal. For extra style points, wear with glam snake-print shoes and an embellished clutch.

Whether you're looking for a new frock for your workwear wardrobe or something a little more glam for weekend dates, Matalan is your one-stop dresses shop this spring



## Sophisticated Style

This floral-print dress and colour coordinated accessories make for the perfect desk-to-dinner ensemble. Enhance your shape by adding a flattering peplum-hem jacket on top.



## The Look Team's Picks

More must-buys, as selected by our fashion editors



Wear this biker over a dress for an edgier look



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Shop the looks now at [Matalan.co.uk/lookmag](http://Matalan.co.uk/lookmag)

**MATALAN**





"There's more to life than hair but it's a good place to start."

**Shiny**  
awards.  
**Glowing**  
reviews.  
(It's enough to go  
to a girl's head.)

We owe it all  
to 3 Minute Miracle.  
The exotic ingredients.  
The fab fragrance.  
And conditioning so deep,  
it's practically down-under.  
Big-headed?  
No. Just, er, shiny-headed.





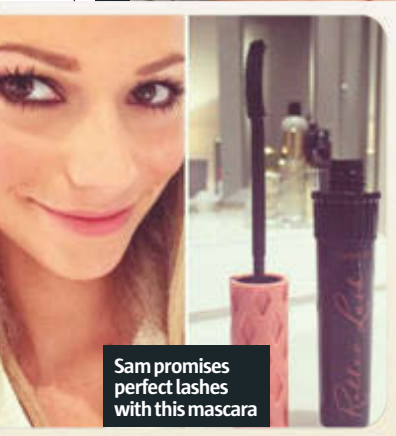


# Beauty Flash

Beauty Editor Sam's news on all things gorgeous



CRISTIANO BURANI



Sam promises perfect lashes with this mascara

## My New Wonder Wand

Looking for lash perfection? Then layer up Benefit's Roller Lash Mascara for total lash-tasticness. With a brush inspired by hair rollers, it's 'The One' when it comes to separation, curls and long-lasting flakiness. What's more, it's water-resistant and full of vitamins to keep lashes in top condition. I can't stop raving about it – thank goodness for such an invention.

Benefit Roller Lash Mascara  
£19.50



Collection Eyes Uncovered Palette in Nude Bronze  
£3.99

**1 Palette Perfection** From full-on smoky for Good Friday to a casual contour on Easter Monday, **Collection Eyes Uncovered Palette in Nude Bronze, £3.99**, is perfect for updating your spring look.

**2 Skin Sorter** After one too many chocolate martinis, smooth on this **Erborian Sleeping BB Mask, £34**, before you go to bed to ensure you wake up looking fresh and peachy.



Erborian Sleeping BB Mask  
£34

Toni & Guy Casual Matt Texture Dry Shampoo  
£7.49



**3 Hair Hero** Stay focused on the egg eating and stretch that hair wash out an extra day with **Toni & Guy Casual Matt Texture Dry Shampoo, £7.49**. Hair feels clean and refreshed with va-va-voom volume.



007 for Women Eau De Parfum  
£25

## Shaken & Stirred

Channel your inner Bond girl with **007 for Women Eau De Parfum, £25** – a spicy yet sweet blend of black pepper, rose milk, black vanilla and cedarwood.

## Watch Look's Must-See Friday Night Beauty Video On Your Mobile!

I've teamed up with Revlon to help you pick and perfect your foundation. Tap to watch my video or visit [Look.co.uk/fwfoundation](http://Look.co.uk/fwfoundation)







Dior 5 Couleurs Eyeshadow Palette in Carre Blue  
£42

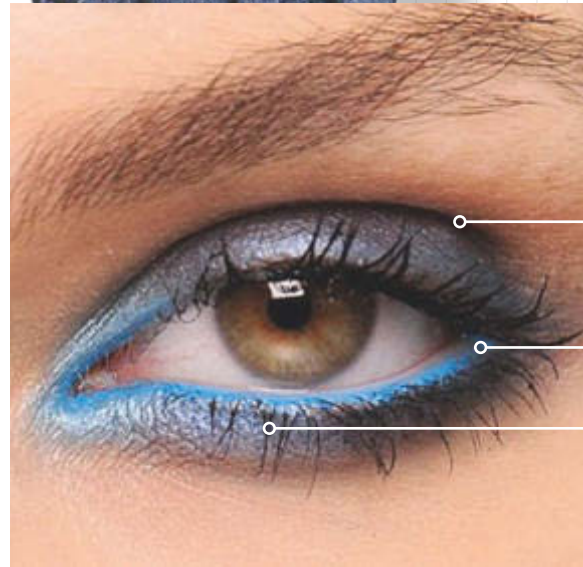
# B A B Y ' S blue

From cobalt lashes to a sapphire smoke, here's how



## Re-Spin Your Smoke

At Elie Saab, we learnt how to give our Saturday night smoke a serious upgrade with just a slick of bright-blue liner. It's easy-peasy to create and will take your eyes from dull to dazzling in a flash.

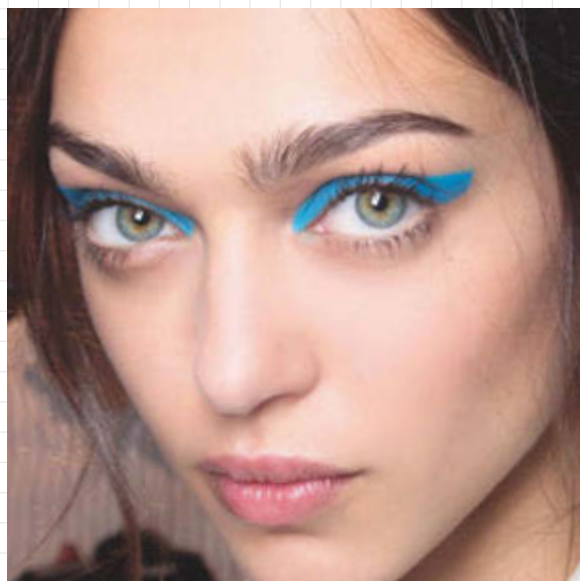


**LID:** Swap your basic black smoke for a more wearable grey/blue using **Dior 5 Couleurs Eyeshadow Palette in Carre Blue, £42**. Blend the blue with a touch of grey using **NYX Glam Shadow in Player, £5.50**.  
**LINE:** Add a flash of colour by defining your waterline with **Aveda Petal Essence Eye Definer in Tidepool, £14**.  
**LASHES:** Finish with lashings of black mascara. The more, the better – multiple layers will give you a glam, super-full finish.



# G O T eyes

to rock this season's hottest shade



## 'Look At Me' Liner

Meet the big, bold flick the catwalk went crazy for. The streamlined shape is ultra cool and works a treat at faking a mini face-lift.



## 3 Tricks To Nail The Power Flick

### 1. FLAWLESS SHAPE

A full-on flick is the ultimate eye-catcher. To cheat the perfect shape, hold a credit card up against the outer corner of your eye to the edge of your brow, and use it as a guide for where to draw.

### 2. GET COLOUR CLEVER

Make a statement with a bold blue hue like **GOSH Extreme Liquid Gel Eyeliner in Turquoise, £5.99**, then pat **MAC Eyeshadow in Electric Eel, £13**, over the top for a catwalk-cool matte finish.

### 3. WEAR IT WELL

Take your cue from the Honor SS15 show and let your flick do the talking. Keep the rest of your make-up clean with a single coat of mascara and a sweep of blusher.



MAC Eyeshadow  
in Electric Eel  
£13

GOSH Extreme  
Liquid Gel Eyeliner  
in Turquoise  
£5.99







Barry M  
Bold White  
Waterproof  
Eyeliner

£3.99

Revlon Colorstay  
Eyeliner in Sapphire  
£6.50

## The 'It' Liner Look You'll Love

Thought ombre was only for your hair? Well, Holly Fulton proved just how versatile this trend is by giving her SS15 models a cool, multi-tone liner look. Here's how you can cheat it...

**1** Use **Barry M Bold White Waterproof Eyeliner, £3.99**, and trace from the inner corner into the centre of your waterline.

**2** From the outer corner to the centre, use **Revlon Colorstay Eyeliner in Sapphire, £6.50**, for your vibrant pop of blue.

**3** Blend the colours together with **DHC Olive Virgin Oil Swabs, £5.50 (for 50)**. They're soaked in eye make-up remover, so fluff won't catch on your eye.



*Guess what? It's not just a trend ticker; the white and blue hue will brighten tired-looking eyes instantly. Yay!*





# WHICH BLUE MASCARA ARE YOU?

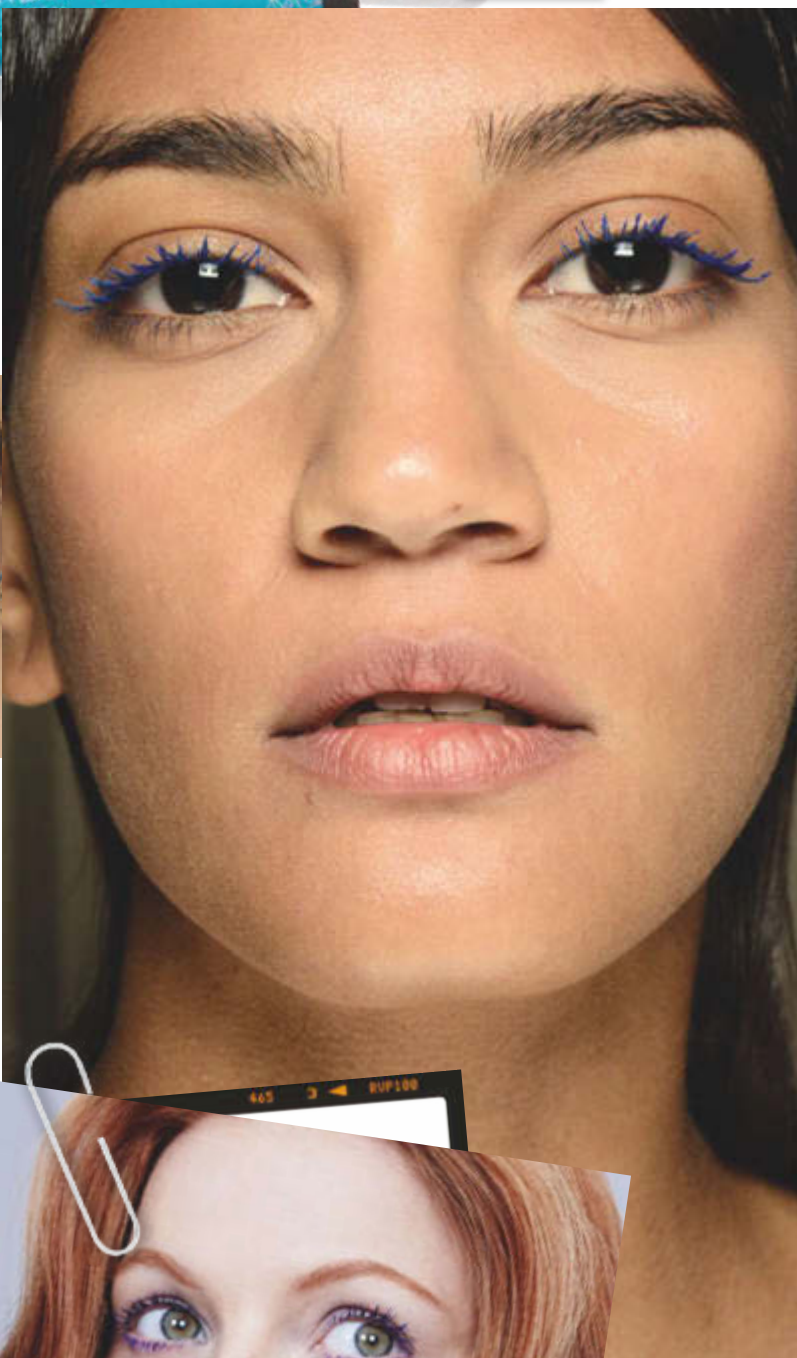
Feeling colour-shy? Keep eyes bare and just add a subtle pop



Ciaté Lashlights  
in Surreal  
£14

## Blue Eyes

Your eyes are already on trend (lucky you), so enhance them even more with a gorgeous aqua mascara. We love **Ciaté Lashlights in Surreal, £14**.



YSL Mascara  
Volume Effet Faux  
Cils Babydoll in 03  
£25

## Brown Eyes

Navy is your BFF, so **YSL Mascara Volume Effet Faux Cils Babydoll in 03, £25**, needs to be in your beauty bag. The rich, inky hue will bring out the gold tones in your brown eyes.

## Green Eyes

Go for cobalt lashes with **Givenchy Noir Couture Volume Mascara in Blue Taffeta, £24**. The violet undertones will make your green eyes glisten.



Givenchy Noir  
Couture Volume  
Mascara in  
Blue Taffeta  
£24

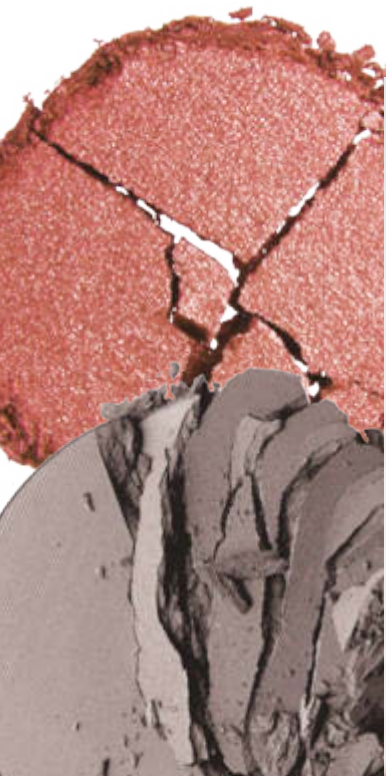






# BOND WOMAN BEAUTY

Create a flawless complexion,  
smoky eyes and statement lips  
to achieve the Bond Woman look



## Eyes

When catching attention across a crowded casino, your eyes need to do the talking. Use chocolate browns over black and build up the intensity in your socket line for a seductive look.

## Cheeks

Dab highlighter on cheekbones and sweep bronzer underneath. It will make your skin reflect the light for Bond Woman bone structure.



## Lips

Statement lips don't have to be scary – choose a creamy peach that works with all skin tones. Line lips with a nude liner first to ensure your pout goes the distance.

## Scent

For a sensual, alluring scent that will become your signature, spritz 007 for Women on your wrists, behind ears and a little across your décolletage.



007 for Women  
£30 for 50ml

Blending warming vanilla and musk with black pepper, and topped off with jasmine and rose milk, 007 for Women is the ultimate confidence booster in a bottle. *Discover more at [007fragrances.com/women](http://007fragrances.com/women)*

# 007

FOR WOMEN



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Becky Leech, 26  
Breast Enlargement  
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# Get Kate Hudson's Body In 20 Minutes A Day

## *Her Trainer Tells All*

We caught up with Kate's personal trainer Nicole Stuart to find out how the actress gets *that* show-stopping bikini bod

**L**ife's pretty good for Kate Hudson these days. The newly single actress not only looks better than ever but, judging by her recent choice of tiny bikinis during a visit to Malibu with her old friend, Coldplay's Chris Martin, she's only too happy to show off her super-toned body, too.

Now, after chatting to her trainer, Nicole Stuart, *Look* can reveal that Kate has always worked *really* hard to look this good. But she's recently adapted her workouts to suit her non-stop career and life as a mum to Bingham, ten, and Ryder, three, meaning she can do them wherever she is. 'Kate's been working out regularly for her entire adult life and has been training with me for around 15 years,' Nicole explains. 'She makes it a priority to take at least 20 minutes out of her day to work up

a sweat, no matter how busy she is. She's very active anyway and loves things like dancing, yoga, boxing, hiking and playing tennis. But if she's not doing that, she's running around after her kids, so there's not a day that goes by where Kate does nothing at all.

'It's not that she loves working out,' Nicole adds. 'It's a part of her daily routine, like brushing her teeth, and she's got over that hurdle of not being able to make herself do it. She does joke that she "hates" Pilates and working on her lower stomach, but she also jokes that she "loves it", because it really works.'

And if there's one thing that Nicole says is the key to Kate's body, it's skipping. 'That's the secret,' she tells us. 'She carries a skipping rope in her bag everywhere she goes, and if she only has a few minutes free she'll do some. Even just five minutes four times a day adds up to an entire 20 minutes of cardio. Kate would be the first to tell you there's no magic pill or short cut, and that if you want to have a body like hers you have to put in the work. That's all there is to it...'

While we were hoping to have Kate's body in the click of our fingers, just 20 minutes of exercise a day doesn't sound too bad. Now, where did we put that string bikini? ➡



Kate's personal trainer Nicole Stuart helped the actress get her amazing body





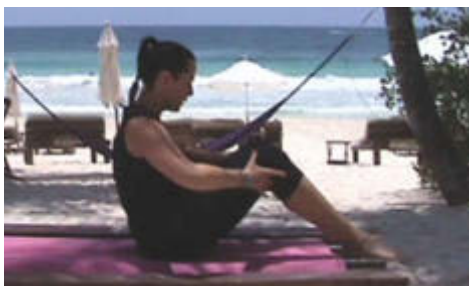
## Kate's Typical 20-Min Workout

**1** Run on a treadmill for four minutes, skip for three minutes and then hit the bike for five minutes.

**2** Lie on the ground, with your knees bent. Do a stomach crunch, then try to bring your right knee up and across to meet your left elbow. Do 15-30 reps, then repeat on the other side.

**3** Kneel on all fours, keeping your back straight. Pull your left knee into your tummy, then extend outwards in a kicking-back motion. Do 15 reps, then repeat on the other side.

**4** Sit cross legged and hold your arms out to each side with your elbows parallel to your shoulders, and your fists up in the air, like you're lifting an imaginary barbell. Straighten both arms up into the air and lower back down again. Repeat (wait for it) 120 times.



Kate hits the pavement as part of her workout regime



Trainer Nicole puts Kate through her paces. Ouch...



This looks like way too much fun to be exercise!

## KATE'S DAILY DIET

**Breakfast:** Yogurt with fresh fruit

**Lunch:** Homemade kale soup

**Dinner:** Tuna salad with green veg

**Snacks:** Nuts, apples and cheese

## KATE'S FOOD RULES

**RULE 1:** 'Kate does juice cleanses a few times a year, but the rest of the time she's still controlled. If she has a cheat day and splurges on pizza, the next day she's stricter with what she eats.'

**RULE 2:** 'Before big events, Kate will have five small meals a day, so there's never one big meal sitting in her stomach – which is what will often be the problem if you see a slim celebrity who has a tiny belly bump in a tight dress on the red carpet. Eating small portions speeds up your metabolism, and keeps you burning food and calories efficiently.'

**RULE 3:** 'As a general rule, Kate's diet is no sugar, no white flour, no bread, and little to no alcohol. She avoids empty calories, too – things like milky tea, coffee or fizzy drinks, etc, aren't worth it.'





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# #Trending Now

#interview



## ‘Cara Has Amazing Energy’

We caught up with *The Face Of An Angel*'s Genevieve Gaunt to discover what it was *really* like working with Miss Delevingne

**Hi Gen, tell us about the film...**

It's adapted from the book *Angel Face*, which is about the Amanda Knox trial. The backdrop of the film is a murder case and that's where my character, Jessica Fuller [who is loosely based on her], fits in.

**Was it difficult to be involved in a story that's been under such intense media scrutiny?**

Any trial like that is so complex, but I was fascinated by how enigmatic Amanda appears in the media. I just tried to capture that.

**Were you hesitant about taking the role?**

No, I felt the film was in very good hands. Given our interpretation, there was no danger of it feeling intimidating because we didn't add any kind of judicial insight.

**How was working with Cara?**

She has amazing energy and is so much fun. Her character, Melanie, works in a bar, so she had to make all these mojitos at the speed of light – I was very impressed.

**Did you give her any advice?**

Oh God, no. If she was nervous – and I don't think she was – she didn't show it. She's a natural.

**You played Pansy Parkinson in *Harry Potter And The Prisoner Of Azkaban*. What was that like?**

It was kind of a kids' paradise. I had a bat to look after and it would eat banana off my finger. What 12-year-old wouldn't want that?

**What's next for you?**

A drama called *Slapper And Me*.

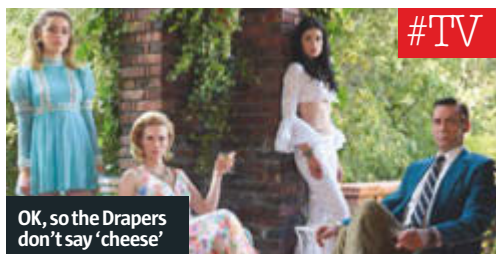
■ *The Face Of An Angel* is in cinemas from 27 March



From making magic in *Harry Potter* to making headlines with Cara



Genevieve plays Jessica Fuller in *The Face Of An Angel*



OK, so the Drapers don't say 'cheese'

#TV

### Mad Men: Series 7, Part 2

After waiting for what seems like forever, the final instalment of *Mad Men* has arrived. Here's hoping Sally rights her wrongful ways and Don gets some kind of happy ending. **Starts 9 April, Sky Atlantic HD**

#film

### Home

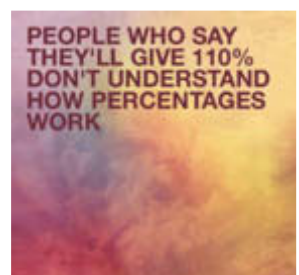
Rihanna and Jennifer Lopez? In one film?

Yes, these two really have teamed up for DreamWorks' latest offering, *Home*. The Boov aliens invade Earth and put the human race in Australia. Tip (Rihanna) befriends Boov fugitive Oh (Big Bang's Sheldon) and so begins a race to find Tip's mum and the Boov's redemption. **Out now**



#socialmedia

Just when you thought the internet couldn't do any better, along comes @unspirational. Laughing in the face of the usual uplifting Insta-quotes, gems include 'Please don't talk to me unless you are food'. The perfect daily LOL.





# Ooh, Yes Please!

From not-so-savoury yolks on toast to life-sized ostrich eggs, it's time to unleash your inner (or outer) chocoholic...

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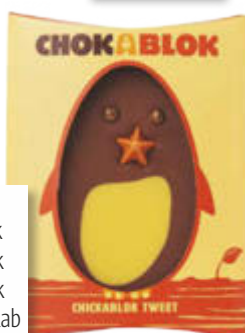
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\*Lines are open from 24 March 2015 until midnight on 7 April 2015. Please  
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## Aries

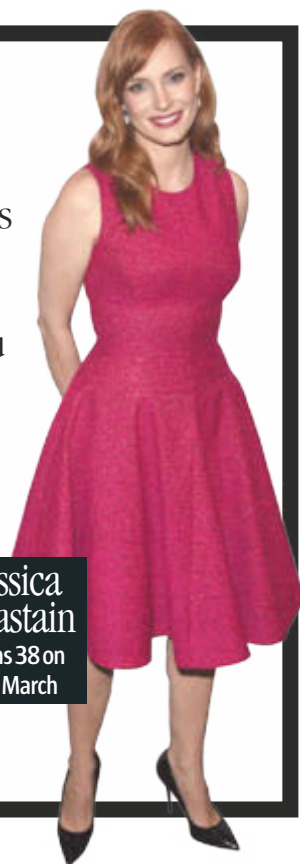
21 March – 20 April

Wow! You're on fire this week and absolutely buzzing with energy. Change is good for you right now – start with a new haircut, then move onto other stuff.

**LOOK OUT:** A secret is revealed and suddenly life gets tricky for you and a fellow Aries.

Call for more\*: 09058 171280  
ROI readers call: 156 078 7826

Jessica  
Chastain  
turns 38 on  
24 March



## Virgo

24 August – 23 September

Your head's been wedged in the clouds but you're starting to see life in a clearer way. You've been confused about your feelings, but suddenly you know exactly what – and who – you want.

**LOOK OUT:** Tread carefully with another person's emotions.

Call for more\*: 09058 171285  
ROI readers call: 156 078 7831

## Libra

24 September – 23 October

You've not been feeling that great, but this week you start taking a close look at a few minor health issues. You know you need to do more exercise, so make sure you get on to that ASAP.

**LOOK OUT:** A sexy someone catches your eye – at the wrong time!

Call for more\*: 09058 171286  
ROI readers call: 156 078 7832

## Capricorn

22 December – 20 January

This week is the perfect time to start asking some serious questions. Just guessing what the answers are really isn't getting you anywhere. It's time to see the clearer picture.

**LOOK OUT:** An Aries needs some careful handling right now.

Call for more\*: 09058 171289  
ROI readers call: 156 078 7835

## Aquarius

21 January – 19 February

Work problems have been weighing down on you, but this week you discover that you just can't keep that blind eye turned any longer. Don't worry, they're not as bad as they seem.

**LOOK OUT:** It's time to have a go at tackling things alone.

Call for more\*: 09058 171290  
ROI readers call: 156 078 7836

# Horoscopes

Astrologer Jacqui Deevoy tells you what's lined up this week

## Taurus

21 April – 21 May

You want to save someone, but you know deep down they have to help themselves first – all you can do is be there for them. Remember your own needs, too. Don't feel bad about taking a step back.

**LOOK OUT:** You're in the mood for a shopping splurge.

Call for more\*: 09058 171281  
ROI readers call: 156 078 7827

## Cancer

22 June – 23 July

You're feeling unsettled, thanks to recent changes at work. Rumours abound, but don't pay attention to any of them. If you want info, get it from the metaphorical horse's mouth – not from gossip.

**LOOK OUT:** It's time to start talking, rather than mind-reading.

Call for more\*: 09058 171283  
ROI readers call: 156 078 7829

## Scorpio

24 October – 22 November

You're letting your talents go to waste, but you have an idea brewing – perhaps now's the time to look at what can be done with it. Pay attention to your gut instincts – that way you won't go wrong.

**LOOK OUT:** A dream alerts you to someone's bad intentions.

Call for more\*: 09058 171287  
ROI readers call: 156 078 7833

## Pisces

20 February – 20 March

It looks like you've been living in a fantasy world for the past month. Whatever you've been hiding from, now's the time for a reality check. It may not be easy, but you know it has to be done.

**LOOK OUT:** Someone's waiting for you to pay them back.

Call for more\*: 09058 171291  
ROI readers call: 156 078 7837

## Gemini

22 May – 21 June

You're usually so glam, so what's with the dullness? Are you trying to be someone you're not? You need to get your glitz back, pronto, and resume being that usual sparky self of yours.

**LOOK OUT:** A certain situation might not be as promising as you think.

Call for more\*: 09058 171282  
ROI readers call: 156 078 7828

## Leo

24 July – 23 August

What's up, Leo? It appears you've lost your mojo. Don't fret too much though – this is just a temporary thing. By the weekend, you'll be back to your usual self and an adventure will be on the cards.

**LOOK OUT:** Things are getting a little bit hazy on the romance front.

Call for more\*: 09058 171284  
ROI readers call: 156 078 7830

## Sagittarius

23 November – 21 December

Someone close to you hasn't been entirely honest with you, but this week you get to the bottom of things. Once it all becomes clear what's been going on, you see this person for what they really are.

**LOOK OUT:** A family mystery is about to be solved.

Call for more\*: 09058 171288  
ROI readers call: 156 078 7834

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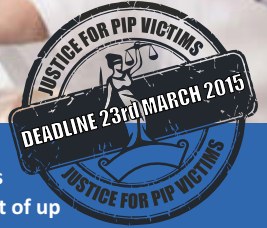
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**ASOS** www.asos.com

**Aveda** available at Debenhams

**B**anana Republic www.bananarepublic.gap.co.uk

**Barry M** www.barrym.com

**Benefit**

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**Bershka** www.berushka.com

**BHS** www.bhs.co.uk

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**Boohoo** www.boohoo.com

**Coach** uk.coach.com

**Coast** www.coast-stores.com

**Collection**

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**Givenchy** available at

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**Jaeger** www.jaeger.co.uk

**Jigsaw**

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**Kangol**

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**Karen Millen**

www.karenmillen.com

**Kurt Geiger** www.kurtgeiger.com

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**Monsoon** 0844 811 0069

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**NYX** www.nyxcosmetics.com

**Oasis** 01865 881986

**Office** www.office.co.uk

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www.oliverbonas.com

**Phase Eight**

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**Pretty Loafers**

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**Primark** 0118 960 6300

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**Revlon** available nationwide

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**Selfridges**

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**Sisley** www.sisley-cosmetics.co.uk

**Style Stalker**

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**Swarovski** www.swarovski.com

**Ted Baker**

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**The Outnet**

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**Toni & Guy** available at Boots

**Topshop** 0845 121 4519

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**United Colors Of Benetton**

gb.benetton.com

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**Wallis**

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## *Last Weekend:*

Über party plans and  
general madness

## *This Weekend:*

No plans and time  
to catch up with  
your fave mag



Download previous  
issues of **LOOK** now!

Here's to a relaxed  
weekend vibe...





## Irene Agbontaen

Founder &  
creative director  
of Taller Than  
Your Average  
(TTYA)

### Irene's Top Tips...

- Approach styling like building a house: jersey staples are the foundation to your wardrobe that you can easily transform with accessories.
- Never underestimate the power of a car boot sale. When you come across something unique, the early morning start and braving the cold wet weather will suddenly seem worth it.
- As someone who's always on the move, I need quick and easy day-to-evening looks, so the ripped-knee skinny jeans from the TTYA spring collection are my current faves. They can be dressed down with a basic grey marl tee and cute pumps for day, or glammed up with a duster coat and strappy sandals for night.

Kimono and top,  
both vintage  
Jeans, TTYA  
Boots, eBay  
Hat, Pendleton

“

I set up TTYA  
with tall women  
in mind.

I'm 5ft 11in, so I know first hand the struggle of finding well-fitting clothes. We launched in 2013 and now have stockists including ASOS and Barneys in New York.

Jourdan Dunn,  
Jessie J and Elle  
Macpherson...

...are all fans of TTYA. I get excited when women, celebrity or not, thank me for making them feel like a million dollars.

I started out  
as a stylist.

The greatest perk was travelling for shoots. I ended up going to Asia, Australia and the US for a year – one of the best experiences of my life.

Most days  
start with...

...a homemade green juice after a quick workout in the gym. I then head to my east London studio to review orders or sketch new designs.

Follow me...

@TTYALDN

”



Jourdan Dunn  
wearing TTYA



A woman with long blonde hair is standing on a paved street at sunset. She is wearing a wide-brimmed brown hat, a white long-sleeved blouse with puffed sleeves, and brown shorts. She is looking back over her shoulder at the camera. The background shows a residential street with buildings and a clear sky with warm, golden light. The woman's shadow is cast on the ground to her left.

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